

# FOOD FOR ACTION FOOD FOR THOUGHT



## Kenzen® Vital Balance™ Meal Replacement Mix

Kenzen Vital Balance is designed to support essential biological processes — to help burn fat and boost metabolism while it promotes healthy brain function and elimination of toxins. With probiotics to assist in digestive and immune system activity, in an organic-based, 125-calorie formula that has all-vegetable protein, no added salt, sugar, artificial flavors or preservatives. Where else can you get so smart?

exclusively from  
 **NIKKEN®**

# Kenzen® Vital Balance™

Meal Replacement Mix

Q

quick

R

reference

F

flyer

Kenzen Vital Balance is more than a protein meal replacement or nutritional product. It is a *functional food* — a unique formulation based on biological research and designed by a team of scientists to support physical processes and help persons of any age to remain healthy.

## Magic MCTs assist in burning fat — and help you think

- Palm kernel oil is a natural source of medium-chain triglycerides or MCTs
- A thermogenetic trigger that starts the depletion of stored fat for energy
- Helps raise the metabolic rate and promotes appetite control
- Excellent source of antioxidant vitamins A, C and E
- MCTs are rapidly absorbed by brain tissue for nourishment and cell replenishment
- Some clinical studies have suggested a link between MCTs and support for cerebral function in maturity

## Chlorella and cilantro for detoxifying

- In our environment, elimination of toxins is an essential daily process
- Open-cell chlorella and cilantro are recognized as beneficial in assisting normal detoxifying-system function

## Probiotics create a positive gut feeling

- Probiotics support both digestive and immune system health, and weight management
- Kenzen Vital Balance includes multiple probiotic ingredients

## Delicious and natural

- Contains all essential amino acids
- Protein is all-vegetable, without animal fats
- Contains 125 calories per serving
- No added salt, sugar, artificial flavors, preservatives or GMOs
- Natural vanilla flavor, can be mixed with water, soy or dairy milk, even fruit juice

## PRODUCT INFORMATION

### AVAILABILITY

US: YES CN: YES

### FEATURED NIKKEN TECHNOLOGY

Kenzen Wellness Organic-Based Nutrition

### HOW TO USE

Mix two level scoops or one packet with 8-10 fluid ounces/250 ml of water or milk and shake vigorously. Can be enhanced with PiMag® water.

Kenzen Vital Balance is recommended for use as part of a program that includes a healthy diet and exercise. This product should be used in conjunction with at least one healthy meal per day, consisting of whole, fresh foods from the four basic food groups.

## Nutrition Facts/Datos de Nutrición

Serving Size: 2 level scoops or 1 packet (28 g) / Tamaño por Ración: 2 cucharadas al ras o 1 sobre (28 g)  
Servings Per Container: 30 / Raciones por Envase: 30

Amount Per Serving / Cantidad por Ración		% DV* / %VD*
Calories 125 / Calorías 125		
Calories from Fat 45 / Calorías de grasa 45		
		% DV* / %VD*
<b>Total Fat / Total de grasa</b>	5g	8%
Saturated fat / Grasa saturada	4.5g	23%
Trans Fat / Grasa trans	0.0g	
Polyunsaturated fat / Grasa poliinsaturada	0.5g	
Monounsaturated fat / Grasa monoinsaturada	0.0g	
<b>Cholesterol / Colesterol</b>	0mg	0%
<b>Sodium / Sodio</b>	214mg	9%
<b>Total Carbohydrate / Carbohidratos totales</b>	<1g	<1%
Dietary Fiber / Fibra dietaria	<1g	<1%
Sugars / Azúcar	<1g	
<b>Protein / Proteína</b>	18g	36%
Vitamin A (Vitamin A Acetate) / Vitamina A (Acetato de vitamina A)	35%	
Vitamin C / Vitamina C	35%	
Calcium / Calcio	0%	
Iron / Hierro	0%	
Vitamin E / Vitamina E	35%	
Thiamin (Vitamin B1) / Tiamina (Vitamina B1)	35%	
Riboflavin (Vitamin B2) / Riboflavina (Vitamina B2)	30%	
Niacin / Niacina		40%
Vitamin B6 / Vitamina B6		25%
Folate / Folato		25%
Vitamin B12 / Vitamina B12		100%
Biotin / Biotina		35%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs / Los porcentajes de Valores diarios están basados en una dieta de 2,000 calorías. Sus valores diarios pueden ser mayores o menores dependiendo de sus necesidades de calorías:

	Calories / Calorías	2,000	2,500
Total Fat / Grasa Total	13g	Less than/Menos de 65g	80g
Saturated Fat / Grasa Saturada	5g	Less than/Menos de 20g	25g
Cholesterol / Colesterol	30mg	Less than/Menos de 300mg	300mg
Sodium / Sodio	660mg	Less than/Menos de 2,400mg	2,400mg
Total carbohydrate / Carbohidratos totales	31g	300g	375g
Dietary Fiber / Fibra Dietaria	0g	25g	30g
Protein / Proteína		50g	65g

Calories per gram / Calorías por gramo:  
Fat / Grasa 9 • Carbohydrates / Carbohidratos 4 • Protein / Proteína 4

**INGREDIENTS:** Pea protein, medium-chain triglycerides, vanilla, organic chlorella, stevia, organic cilantro, guar gum, enzyme blend (Protease 4.5, peptidase, bromelain, protease 6.0, protease 3.0, lactobacillus plantarum, bifidobacterium bifidum) ascorbic acid, organic hemp protein, organic alfalfa, organic spirulina, organic broccoli, organic rice protein, biotin, vitamin E, organic spinach, niacin, vitamin A, vitamin B12, thiamin, vitamin B6, riboflavin, folic acid.

**INGREDIENTES:** De guisante, triglicéridos de cadena media, vainilla, chlorella orgánica, stevia, cilantro orgánico, goma guar, las enzima mezcla (Proteasa 4.5, peptidasa, bromelina, proteasa 6.0, proteasa 3.0, lactobacillus plantarum, bifidobacterium bifidum), ácido ascórbico, orgánica proteína de cáñamo, alfalfa orgánica, espirulina orgánica, brócoli orgánico, proteína de arroz orgánico, biotina, vitamina E, espinaca orgánico, niacina, vitamina A, vitamina B12, tiamina, vitamina B6, riboflavina, ácido fólico.



ITEM CODE	PRODUCT	SIZE
#15597	US - Vanilla	30 oz jar
#15596	US - Vanilla	30 individual serving size packets
#15598	CN - Vanilla	30 oz jar
#13398	CN - Vanilla	30 individual serving size packets